

## Examples using G\*Power software

We will work through 3 simple examples

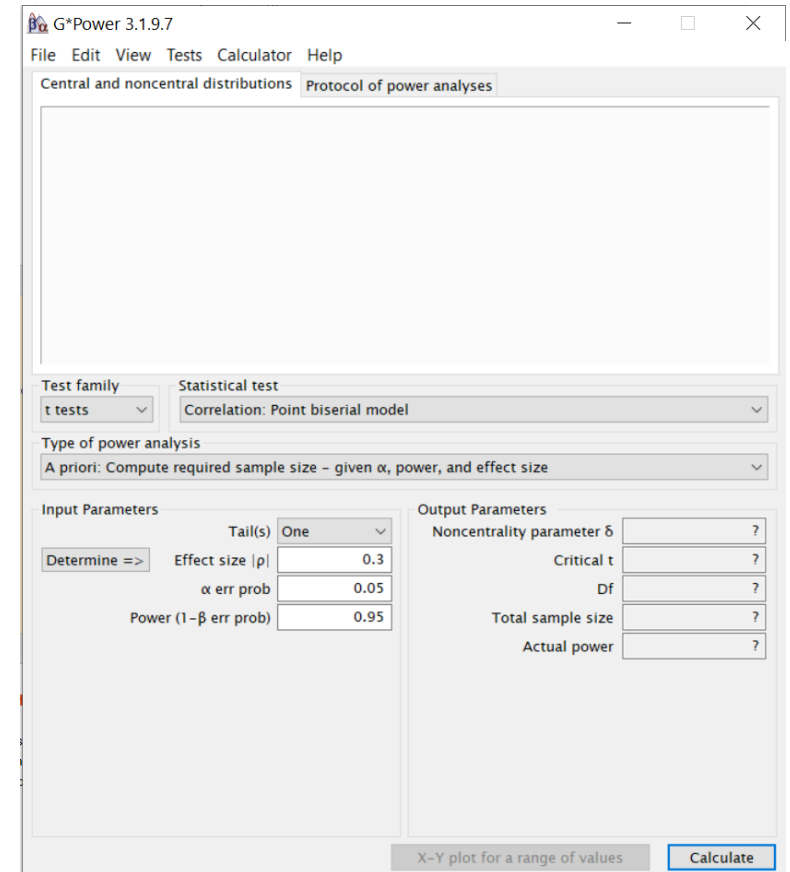
1. Difference between 2 means (continuous response)
2. Difference between 2 means (survey response)
3. Difference between 2 proportions

Followed by a discussion of what to do when your study is more complicated than this

# Power calculation software

## G\*Power

- Download from website:
- <http://www.psychologie.hhu.de/arbeitsgruppen/allgemeine-psychologie-und-arbeitspsychologie/gpower.html>
- Current release 3.1.9.7 (Windows) 17 March 2020 (and 3.1.9.6 for Mac)
- Program has a simple user interface
- There is also a manual available online:  
[http://www.psychologie.hhu.de/fileadmin/redaktion/Fakultaeten/Mathematisch-Naturwissenschaftliche\\_Fakultaet/Psychologie/AAP/gpower/GPowerManual.pdf](http://www.psychologie.hhu.de/fileadmin/redaktion/Fakultaeten/Mathematisch-Naturwissenschaftliche_Fakultaet/Psychologie/AAP/gpower/GPowerManual.pdf)



# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

The bone density of chickens is an important indication of their welfare. We want to test to see if (mineral) bone density can be improved from 120 to at least 130 mg/cm<sup>3</sup>



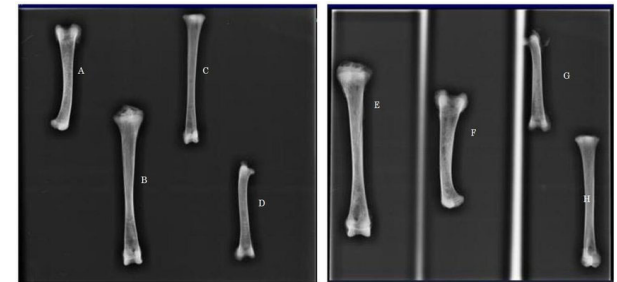
Treatment Group = high mineral diet

Control Group = normal diet

Response variable: Measure the tibia bone density after 6 weeks growth.

How many chickens do I need to detect a difference in bone density of 10 mg/cm<sup>3</sup>?

What type of statistical test will we perform?



TY - JOUR AU - Mabelebele, Monnye AU - Norris, Dannah AU - Siwendu, Ndyebo AU - Ng'ambi, Jones AU - John, Alabi AU - Mbajjorgu, C.A. PY - 2017/01/01 SP - 1387 EP - 1398  
T1 - Bone morphometric parameters of the tibia and femur of indigenous and broiler chickens reared intensively VL - 15 DO - 10.15666/aeer/1504\_13871398 JO - Applied Ecology and Environmental Research ER -

# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

- Step 1: We will use a t-test (assume normality)
- Step 2:  $\alpha=0.05$  and  $1 - \beta=0.8$
- Step 3: Smallest Effect Size of interest is  $10 \text{ mg/cm}^3$
- Step 4: Estimate the variance
  - We know from previous studies what the typical variation in bone density is for the control diet. We don't know about the treatment diet. We will use an estimate from the control diet of  $SD=20 \text{ mg/cm}^3$
- Assume we will have equal size groups,  $n_1=n_2$

# 1. Difference between 2 means

Step 5: Calculate the minimum sample size

- Put all the information into G\*Power
- Note: G\*Power will convert the difference in means with the estimated SD to a standardized effect size called Cohen's d.
- G\*Power always works with standardised effect sizes, but has additional pop-out dialogue boxes for you to calculate standardised effect sizes from the original scale of your outcome
- The *disadvantage* of this approach is that the effect size and the variance are effectively combined in your power analysis outputs\*

\* There are workarounds you can use, but if this is a deal-breaker for you, have a look into alternative software that is not based on standardised effect sizes (some of these are listed at the end of the presentation).

# 1. Difference between 2 means

## Step 5: G\*Power

G\*Power will use this formula to calculate the sample size:

$$n = 2 \frac{\delta^2}{d^2}$$

where:

$n$  = sample size per group (when  $n_1 = n_2$ )

$\delta$  = non-centrality parameter (of the t statistic, based on  $\alpha$ ,  $\beta$  and group difference)

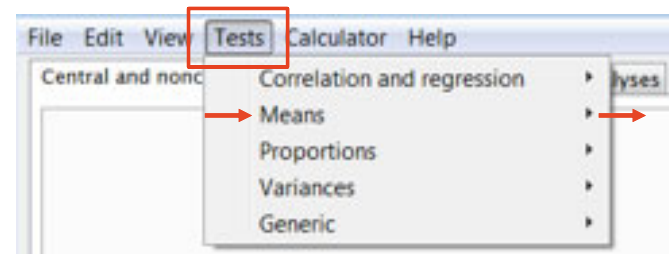
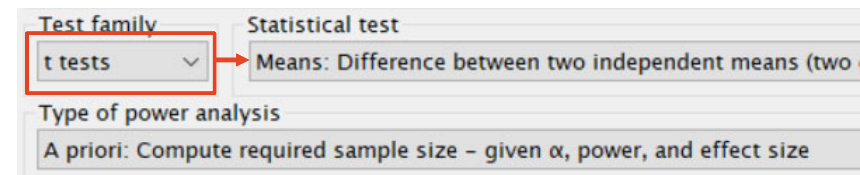
$d$  = standardised effect size (Cohen's d)

# 1. Difference between 2 means

## Step 5: G\*Power

There are two ways to find the correct test

- Distribution approach: Select the test family (eg t tests), then the statistical test
- Design based approach: Select the test parameter class (eg means), then the study design
- Select Tests/Means/Two independent groups



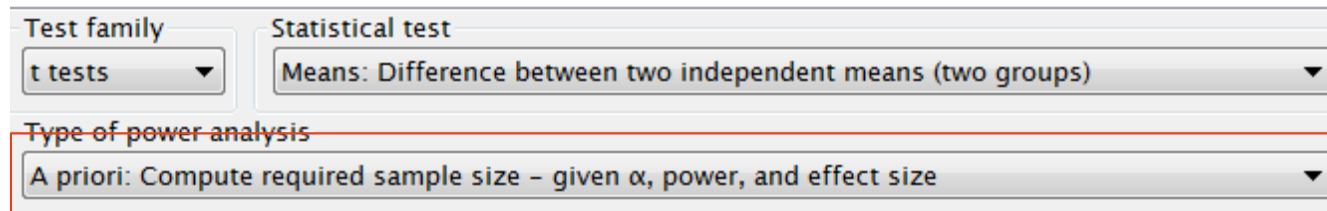
# 1. Difference between 2 means

## G\*Power

There are five different types of power analysis

- A priori
- Compromise
- Criterion
- Post Hoc
- Sensitivity

The “A priori” type is suitable for sample size calculation



The screenshot shows the G\*Power software interface with the following settings:

- Test family:** t tests
- Statistical test:** Means: Difference between two independent means (two groups)
- Type of power analysis:** A priori: Compute required sample size - given  $\alpha$ , power, and effect size

The "Type of power analysis" dropdown menu is highlighted with a red border.



# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

Enter the values for the chick experiment

- Use  $\alpha=0.05$  and  $1 - \beta=0.8$
- Allocation ratio  $N2/N1=1$
- Open the “determine” window to calculate the effect size  $d$ . Use mean group 1=120, mean group 2=130,  $SD1=SD2=20$ , “calculate and transfer” (on popout window)
- Effect size is now shown  $d=0.5$ , select “two” tails, “Calculate” (on main window)

**Input Parameters**

Tail(s)	Two
Effect size $d$	0.5000000
$\alpha$ err prob	0.05
Power ( $1 - \beta$ err prob)	0.8
Allocation ratio $N2/N1$	1

**Output Parameters**

Noncentrality parameter $\delta$	2.8284271
Critical $t$	1.9789706
Df	126
Sample size group 1	64
Sample size group 2	64
Total sample size	128
Actual power	0.8014596

Calculated results

# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

- Group sample sizes are  $N1=64$ ,  $N2=64$
- Actual power = 0.8015
- G\*Power rounds up the sample size to the nearest integer, so actual power is slightly higher than the minimum requested.

## Protocol of the power analysis

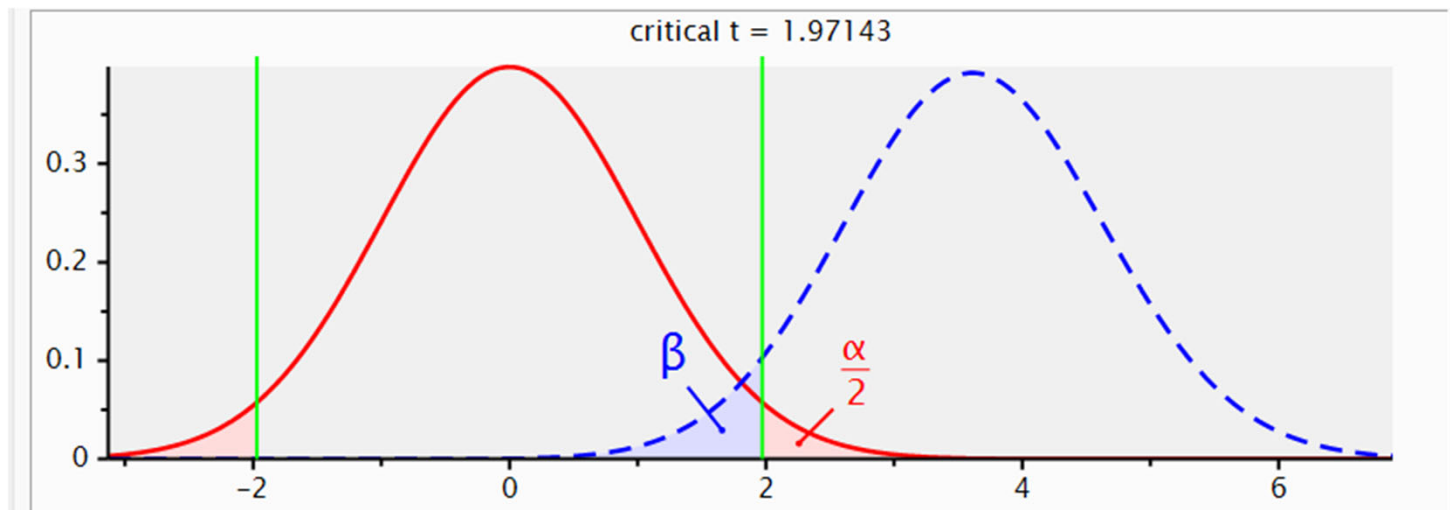
- You may want to save a copy of the calculation from this window (at the top right)

## Central and non central distributions

- You may be interested to check the visual display of the test statistics in this window (at the top left)

# 1. Difference between 2 means

## Central and non central test statistic distribution



The central distribution of a test statistic (in red) describes how a test statistic is distributed when the null hypothesis is true.

The non central distribution (blue dashed line) describes how the test statistic is distributed when the null hypothesis is false (alternate hypothesis is true).

Shows the distributions with the minimum effect size threshold (green lines). Notice that the alpha is distributed across two tails ( $\alpha/2$ ). We almost always choose two-tailed, because it is *possible* the effect could be positive or negative.

# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

Step 6: Explore scenarios

### Power Analysis

- It is advisable to explore some different scenarios for different experimental settings.
- Consider how much your within study standard deviation could vary from your point estimate
  - Our estimate is  $SD = 20$
  - Possible min value = 15 (optimistic)
  - Possible max value = 30 (pessimistic, conservative)

# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

For G\*Power we will use Cohen's d values to match the possible range of SD values

Min	SD = 15	$d = 10/15 = 0.67$
Expected	SD = 20	$d = 10/20 = 0.5$
Max	SD = 30	$d = 10/30 = 0.33$

# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

X-Y Plot for a range of values

- Plot (on y axis) change to “power”
- Sample size from 10 to 400 in steps of 5
- Plot “3” graphs with  $d = 0.33$  in steps of 0.17 (gets us to 0.5 and 0.67)

Plot Parameters

Plot (on y axis) **Power (1- $\beta$  err prob)**  with markers

as a function of **Total sample size** from **10** in steps of **5** through to **400**

Plot **3** graph(s) **interpolating points**

with **Effect size d** from **0.33** in steps of **0.17**

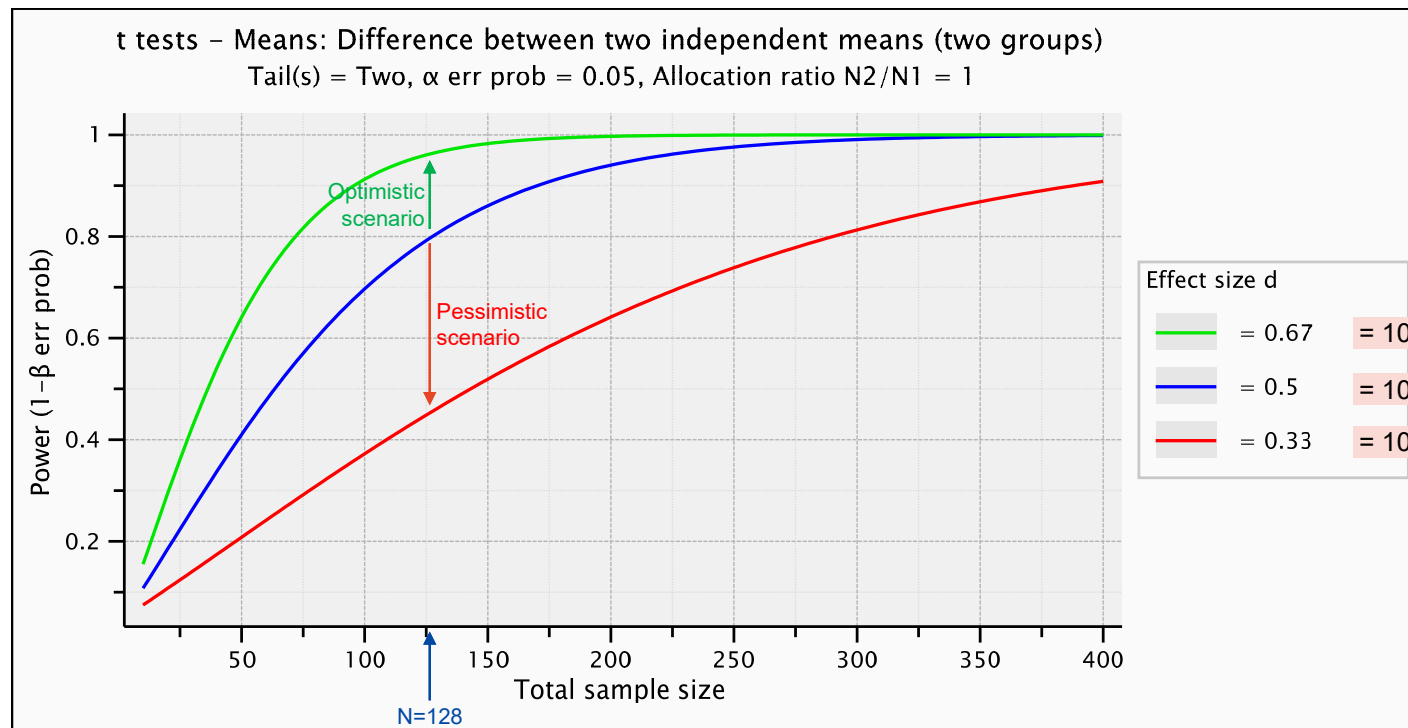
and  **$\alpha$  err prob** at **0.05**

**Draw plot**

# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

X-Y Plot: sample size vs power



# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

Remember: the accepted meaning of  $d=0.5$  is that this is a “medium” standardised effect size, so our value of  $d$  is roughly in the right ballpark for our planned study.

The sensitivity plot is another visualisation we can use in our power analysis. This plots effect size vs sample size.



# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

### Sensitivity Plot:

We want to look at a wide range of effect sizes. To do this, we will plot a sample size range from 10 up to 400 (as before) with 3 power curves for power = 0.8, 0.85, 0.90.

Plot Parameters

Plot (on y axis)   with markers

as a function of  from  in steps of  through to

Plot  graph(s)

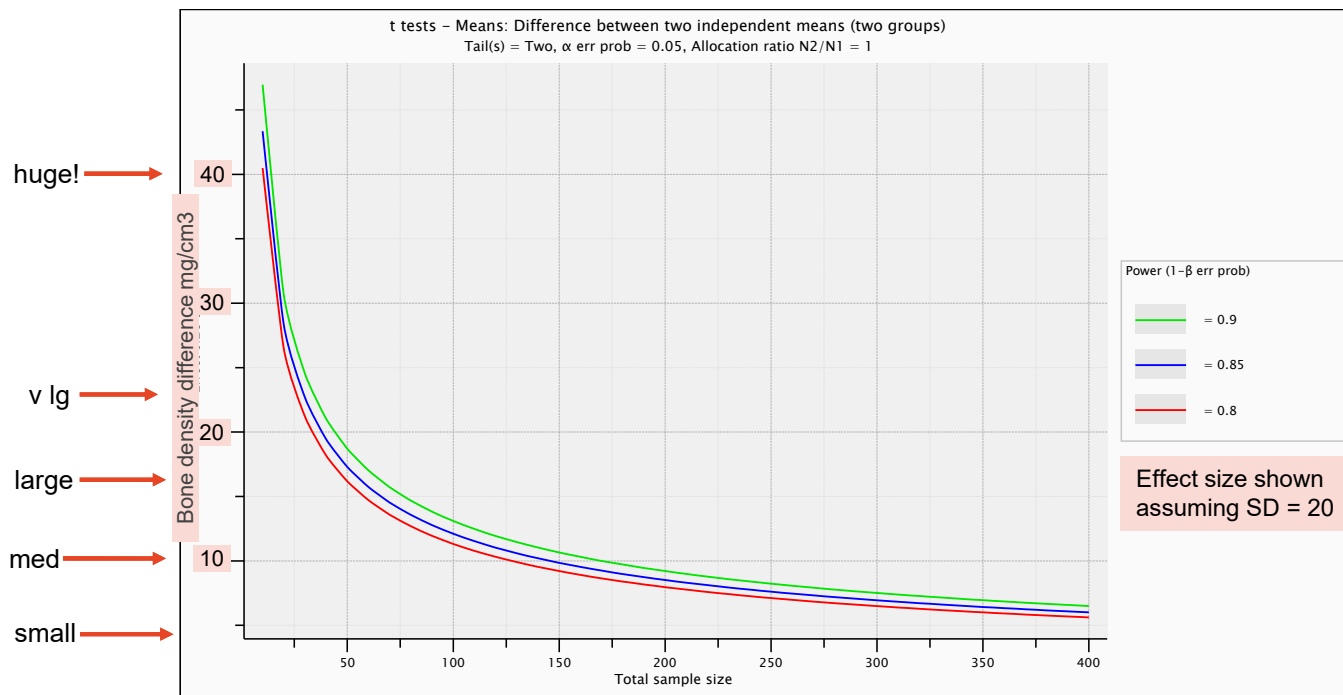
with  from  in steps of

and  at

# 1. Difference between 2 means

## Example: Chicken Welfare – Bone density

X-Y Plot: sample size vs effect size (sensitivity)



G\*Power doesn't provide axis format options, so you will have to do it manually if you want use your original outcome scale

# 1. Difference between 2 means

**Example: Chicken Welfare – Bone density**

X-Y Plot: sample size vs effect size (sensitivity)

## Customise plot in EXCEL

If you aren't happy with the G\*Power plot, select the data from the Table tab and paste it into Excel (or your favourite plotting program).



GPower - Plot  
File Edit View  
Graph Table

t tests - Means: Difference between two independent groups  
Tail(s) = Two,  $\alpha$  err prob = 0.05, Allocation ratio = 1

#	Total sample size	Power (1- $\beta$ err prob) = 0.8 Effect size d	Power (1- $\beta$ err prob) = 0.85 Effect size d	Power (1- $\beta$ err prob) = 0.9 Effect size d
1	10.0000	2.02444	2.16752	2.34795
2	20.0000	1.32495	1.41736	1.53369
3	30.0000	1.05980	1.13359	1.22644
4	40.0000	0.909129	0.972389	1.05199
5	50.0000	0.808708	0.864966	0.935757
6	60.0000	0.735621	0.786789	0.851171
7	70.0000	0.679351	0.726601	0.786054
8	80.0000	0.634299	0.678413	0.733919
9	90.0000	0.597169	0.638700	0.690955
10	100.0000	0.565882	0.605236	0.654752
11	110.0000	0.539050	0.576537	0.623705
12	120.0000	0.515707	0.551570	0.596694
13	130.0000	0.495156	0.529589	0.572915
14	140.0000	0.476881	0.510044	0.551770
15	150.0000	0.460492	0.492514	0.532806
16	160.0000	0.445684	0.476677	0.515673
17	170.0000	0.432219	0.462275	0.500093
18	180.0000	0.419905	0.449105	0.485845
19	190.0000	0.408587	0.437000	0.472750
20	200.0000	0.398138	0.425824	0.460660
21	210.0000	0.388452	0.415464	0.449452
22	220.0000	0.379440	0.405825	0.439024
23	230.0000	0.371027	0.396828	0.429291
24	240.0000	0.363150	0.388403	0.420177
25	250.0000	0.355755	0.380493	0.411620
26	260.0000	0.348794	0.373048	0.403566
27	270.0000	0.342226	0.366023	0.395966
28	280.0000	0.336015	0.359381	0.388781
29	290.0000	0.330131	0.353088	0.381973
30	300.0000	0.324546	0.347114	0.375510
31	310.0000	0.319235	0.341434	0.369365
32	320.0000	0.314176	0.336023	0.363512
33	330.0000	0.309351	0.330862	0.357929
34	340.0000	0.304741	0.325932	0.352595
35	350.0000	0.300331	0.321216	0.347493
36	360.0000	0.296108	0.316698	0.342606
37	370.0000	0.292058	0.312367	0.337920
38	380.0000	0.288169	0.308208	0.333421
39	390.0000	0.284432	0.304211	0.329097
40	400.0000	0.280836	0.300365	0.324937

## 2. Difference between 2 means (Mann-Whitney)

The Mann-Whitney U test is a non-parametric version of the t-test for a difference in means. It is based on ranks (also called Wilcoxon rank sum)

This is used when the data are not approximately normally distributed, or the underlying distribution is not normal (could be categorical or continuous and highly skewed).

Often used for ordinal data from surveys.

The values of the two groups are combined and ranked. The values are then divided back into the groups and the mean of the assigned ranks for each group is calculated and compared.

The test doesn't use the information about the size of the effect.

## 2. Difference between 2 means (Mann-Whitney)

### Example: Happiness Survey



2

3



5

6



You want to measure happiness using the Lyubomirsky & Lepper scale. Each item response ranges from 1 (unhappy) to 7 (happy). The score is the sum of 4 items, so the range is 4~28.

A pilot study on two groups produced the following results that can be used for the power calculation.

	Values		Ranks	
	Single	Married	Single	Married
	12	20	3	1
	11	15	4	2
	10	9	5	6
	6	8	8	7
Avg	9.8	13.0	5	4
SD	2.6	5.6		

## 2. Difference between 2 means (Mann-Whitney)

### **Example: Happiness Survey**

You want to apply it to different groups of people (eg single vs married) to see if there is a difference in scores.

What is a meaningful difference?

Let's suppose that a minimum difference of 4 points (average of 1 pt difference per item) is the smallest effect size of interest.

## 2. Difference between 2 means (Mann-Whitney)

### Example: Happiness Survey

So, what are our first 4 steps?

Step 1:	Determine experiment type and statistical test	Mann-Whitney
Step 2:	Set $\alpha$ and $1 - \beta$	0.05 and 0.8
Step 3:	Set the smallest effect size of interest	4 points
Step 4:	Estimate the variance	SD1=2.6, SD2=5.6

## 2. Difference between 2 means (Mann-Whitney)

### Example: Happiness Survey

Sample size calculation

#### Heuristic method

“Do the calculations as if performing the corresponding parametric test (i.e. the t-test), then add 15% to the sample size.



## 2. Difference between 2 means (Mann-Whitney)

### Example: Happiness Survey

- Tests>Means>Two Independent Groups
- Click “Determine” (different SDs so use  $n1 \neq n2$ )
- Enter expected means (use 9.5 for singles (group 1) and 13.5 for married (group 2) equates to 4pt diff)
- Enter SDs from pilot study ( $SD1=2.6$ ,  $SD2=5.6$ )

The image shows two screenshots of the G\*Power software interface. The left screenshot shows the 'Type of power analysis' dropdown set to 'A priori: Compute required sample size - given alpha, power, and effect size'. Under 'Input Parameters', 'Tail(s)' is set to 'Two', 'Effect size d' is 0.9162174, 'alpha err prob' is 0.05, 'Power (1 - beta err prob)' is 0.8, and 'Allocation ratio N2/N1' is 1. The 'Determine =>' button is highlighted. The 'Output Parameters' section shows fields for Noncentrality parameter delta, Critical t, Df, Sample size group 1, Sample size group 2, Total sample size, and Actual power, all with question marks. The right screenshot shows the 'n1 = n2' radio button selected. 'Mean group 1' is 9.5, 'Mean group 2' is 13.5, 'SD sigma group 1' is 2.6, and 'SD sigma group 2' is 5.6. The 'Calculate' button is highlighted, and the 'Effect size d' is 0.9162174. A 'Calculate and transfer to main window' button and a 'Close' button are also visible. Red arrows point from the text in the list above to the 'Determine' button and the 'Calculate' button in the screenshots.

Parameter	Value
Type of power analysis	A priori: Compute required sample size - given alpha, power, and effect size
Tail(s)	Two
Effect size d	0.9162174
alpha err prob	0.05
Power (1 - beta err prob)	0.8
Allocation ratio N2/N1	1
Noncentrality parameter delta	?
Critical t	?
Df	?
Sample size group 1	?
Sample size group 2	?
Total sample size	?
Actual power	?
Mean group 1	9.5
Mean group 2	13.5
SD sigma group 1	2.6
SD sigma group 2	5.6
Effect size d	0.9162174

## 2. Difference between 2 means (Mann-Whitney)

### Example: Happiness Survey

- Check  $\alpha$ ,  $1 - \beta$ , two tails, allocation ratio=1.
- Calculate sample size.  $N=20$  per group
- Add 15% for non-parametric.  $N=20 \times 1.15 = 23$

Input Parameters		Output Parameters	
<input type="button" value="Determine =&gt;"/>	Tail(s)	Noncentrality parameter $\delta$	2.8973338
	Effect size d	Critical t	2.0243942
	$\alpha$ err prob	Df	38
	Power ( $1 - \beta$ err prob)	Sample size group 1	20
	Allocation ratio $N2/N1$	Sample size group 2	20
		Total sample size	40
		Actual power	0.8060552

Calculated results

## 2. Difference between 2 means (Mann-Whitney)

### Theoretical approach

Statistical procedures can be compared according to their efficiency.

One test is more efficient than another if it requires fewer observations to obtain a given result.

The relative efficiency of two tests is the ratio of their efficiencies.

With smaller sample numbers, parametric tests are often more efficient than non-parametric tests although they approach equal efficiency with larger sample sizes.

The Asymptotic Relative Efficiency (ARE) is the limit of the relative efficiencies as the sample size increases. It can be calculated or set and is used in the sample size calculation, along with the effect size.

It can be shown that the minimum ARE for these two tests is 0.864.



## 2. Difference between 2 means (Mann-Whitney)

### Example: Happiness Survey

- Under “Tests” select “Means” and then the option:
- “Two independent groups: Wilcoxon (non-parametric)”
- Use the same values as before:
- Two tails,  $\alpha=0.05$  and Power=0.80, group means and SDs.
- Select Parent distribution = “min ARE”
- Calculate sample size  $\gg$  N=23 per group

Input Parameters		Output Parameters	
Tail(s)	Two	Noncentrality parameter $\delta$	2.8880475
Parent distribution	min ARE	Critical t	2.0248452
<input type="button" value="Determine =&gt;"/>	Effect size d	Df	37.7440000
	0.9162174	Sample size group 1	23
$\alpha$ err prob	0.05	Sample size group 2	23
Power (1- $\beta$ err prob)	0.8	Total sample size	46
Allocation ratio N2/N1	1	Actual power	0.8034207

### 3. Difference between 2 proportions

#### Example: Happiness survey

The survey scores could also be analysed as proportions by considering how many report a value above a threshold (say  $>14$  means “happy”)

Singles group  $P1 =$  proportion of subjects respond “happy”

Married group  $P2 =$  proportion of subjects respond “happy”

Effect size: Say we want to find a minimum difference in proportions of  $P1 - P2 = 0.1$  What sample size is required?

- Set  $\alpha = 0.05$  and  $1 - \beta = 0.8$ , two tails
- Allocation ratio  $N2/N1 = 1$
- We also need to estimate the two proportions. Let's first assume that there will be maximum variance ( $p = 0.50$ )
- Try using  $P1 = 0.55$  and  $P2 = 0.45$

### 3. Difference between 2 proportions

#### Example: Happiness survey

What are our first 4 steps this time?

Step 1:	Determine experiment type and statistical test	z-test for proportions
Step 2:	Set $\alpha$ and $1 - \beta$	0.05 and 0.8
Step 3:	Set the smallest effect size of interest	0.10
Step 4:	Estimate the variance	P1=0.55, P2=0.45

Note: The variance estimate comes from the proportion estimates.

Variance =  $p(1-p)$ . You do not need to calculate the variance just input the proportions into G\*Power

### 3. Difference between 2 proportions

#### Example: Happiness survey

We need 392 subjects per group to achieve Power=0.80

That's a lot of happy/unhappy people!

Test family		Statistical test	
z tests		Proportions: Difference between two independent proportions	
Type of power analysis			
A priori: Compute required sample size - given $\alpha$ , power, and effect size			
Input Parameters		Output Parameters	
Tail(s)	Two	Critical z	
Proportion p2	0.45	Sample size group 1	392
Proportion p1	0.55	Sample size group 2	392
$\alpha$ err prob	0.05	Total sample size	784
Power ( $1 - \beta$ err prob)	0.8	Actual power	0.8007410
Allocation ratio N2/N1	1		

Calculated results

### 3. Difference between 2 proportions

#### Example: Happiness survey

**Step 6:** Suppose the proportion of subjects responding “happy” is expected to be higher, around 90%.

Try using  $P_1=0.85$   
and  $P_2=0.95$

Test family		Statistical test	
z tests		Proportions: Difference between two independent proportions	
Type of power analysis			
A priori: Compute required sample size - given $\alpha$ , power, and effect size			
Input Parameters		Output Parameters	
Tail(s)	Two	Critical z	1.9599640
Proportion p2	0.95	Sample size group 1	141
Proportion p1	0.85	Sample size group 2	141
$\alpha$ err prob	0.05	Total sample size	282
Power ( $1-\beta$ err prob)	0.8	Actual power	0.8025450
Allocation ratio N2/N1	1		

← Calculated results

Now we only need 141 subjects per group

Note the difference in sample sizes corresponding to the different proportion estimates. Remember the variance of the proportion parameter [ $\text{var}=p(1-p)$ ] is at a maximum at 0.5 and gets smaller close to zero and one.



### 3. Difference between 2 proportions

G\*Power provides a total of 4 options for power calculations for proportions with independent groups:

- Inequality, z-test (used in Happiness intervention example)
- Inequality, Fisher's Exact test
- Inequality, Unconditional exact
- Inequality with offset, Unconditional exact

The Fisher's Exact test should be used when sample sizes are going to be small (say  $n_1p_1 \leq 5$  or  $n_2p_2 \leq 5$ )

- The Fisher's Exact result for the Happiness example is shown on the next slide for your reference



### 3. Difference between 2 proportions

#### Example: Happiness survey

**Step 6:** Use the Fisher's Exact test to get the sample size with  $P1=0.85$  and  $P2=0.95$

Fisher's Exact suggests 151 subjects per group.

Not quite the same result as the z-test, but note that the actual alpha is 0.024 rather than 0.05. This is a result of using an exact test rather than a [normal] approximation

Test family	Statistical test	
Exact	Proportions: Inequality, two independent groups (Fisher's exact test)	
Type of power analysis		
A priori: Compute required sample size - given $\alpha$ , power, and effect size		
Input Parameters		
Determine =>	Tail(s)	Two
	Proportion p1	0.85
	Proportion p2	0.95
	$\alpha$ err prob	0.05
	Power ( $1-\beta$ err prob)	0.8
	Allocation ratio N2/N1	1
Output Parameters		
	Sample size group 1	151
	Sample size group 2	151
	Total sample size	302
	Actual power	0.8005824
	Actual $\alpha$	0.0243675

### 3. Difference between 2 proportions

#### Example: Happiness survey

#### Step 6: Explore scenarios

- When considering various scenarios, look for value estimates that provide a conservative power estimate.
- In this example proportions centred around 0.5 represent the most conservative estimate. This gives the largest sample size estimate.
- This principle may also be applied to the study design as well. For example powering your study for a non-parametric test is conservative (Mann-Whitney instead of t-test).